

Heart Disease. It's the No. 1 killer of Americans, taking more lives than the next five causes of death combined. One person in this country dies of heart disease every 37 seconds. Men, women, children – everyone is vulnerable.

But there is Hope. The Hope Heart Institute is committed to serving humanity through cardiovascular research and education. We are dedicated to preventing and treating heart and blood vessel disease, and to improving the physical, emotional and spiritual quality of life for all at risk of – or affected by – cardiovascular disease.

Overview

- A 501(c)(3) non-profit cardiovascular research and education institute
- Founded over 50 years ago by world-renowned cardiac surgeon Lester Sauvage, M.D.
- Named for legendary entertainer and benefactor Bob Hope, whose close friend Bing Crosby suffered from heart disease
- Affiliated Medical Staff: 17 Doctors, 3 Laboratories, 6 Clinical Research staff
- Annual Budget: \$2.7 million

Research

- *Basic Science:* At The Hope Heart Program, in conjunction with the Benaroya Research Institute at Virginia Mason, scientists study angiogenesis, cell and molecular biology of the vascular extra cellular matrix to explore new avenues of combating heart disease.
- *Clinical Research:* Cardiologists with The Hope Heart Clinical Research Program participate in trials of the latest medical breakthroughs – cutting-edge treatments such as a medical device or drug therapy.

Education

- *Kids Take Heart™:* hands-on health curriculum for 3-5th graders
- *Youth Take Heart™:* science curriculum targeting 6-8th graders in partnership with the University of Washington and MESA
- *Teen Take Heart™:* high school science curriculum in development with Seattle University
- Take Heart™ school curricula and family programs touched the lives of nearly 9,200 students in the 2010/2011 school year.
- *Athletes Take Heart™:* outreach focusing on sudden cardiac arrest and CPR
- *Women Take Heart™:* program serving women, whose symptoms are often different

Leadership

President & CEO: Mark Nudelman
Board of Directors: Craig W. Philips, Chair
Medical Director: James Leggett, M.D., F.A.C.C.

Notable Achievements

- Founder Dr. Sauvage pioneered coronary artery bypass graft surgery, revolutionizing cardiac care around the world.
- Hope Health Publications are the most widely-read health publications in the world, reaching more than a million people each month.

Contact

Fianna Dickson | Public Relations Director
1380 112th Avenue NE Suite 200 | Bellevue 98004
425.456.8700 | fdickson@hopeheart.org

