

Activity: Indoor Nature Journey

PURPOSE: Bring nature indoors while children explore the many movements associated with being outdoors in nature.

EQUIPMENT & ORGANIZATION: Task signs with different outdoor objects, places or natural occurrences (i.e., falling leaves, fluttering butterfly, leaping frogs, blowing wind, bubbling brook, flying kite, pounding rain, and rising sun). Spread the task signs scattered throughout the play space.

HOW TO PLAY: Students travel along the indoor nature trail performing the natural motions represented.















