



May 17, 2018

Dear Friends and Supporters of The Hope Heart Institute:

First and foremost, thank you for being part of the amazing and impactful Hope Heart Institute history. Your investments of time, expertise and finances touched, and will continue to touch, many lives.

During 2017, we communicated significant changes taking place within The Hope. To summarize, after careful consideration of how best to expand reach and impact in efficient and effective ways, The Hope's Board of Directors decided it should move forward with placing the organization's programs and assets with our community partners and stop operating as a separate entity.

Subsequently, The Hope's staff worked hard to meet 2017 program commitments and assessed our program partners' ability to absorb and continue The Hope Heart Institute's extraordinary legacy. We are pleased to share more details about how our programs will carry forward the extraordinary Sauvage legacy. At the end of this letter, we also will share an unexpected and exciting turn of events that led to the start of a new chapter for The Hope Heart Institute.

Program Transfer Highlights:

- The groundbreaking and effective curriculums, Kids Take Heart and Youth Take Heart, will carry forward in schools and service organizations throughout Washington. As one recipient conveyed:

Thank you for your remarkable generosity...may we continue on with the same important vision that your Institute has created, supported and shared with so many young people...

- Teen Take Heart (TTH) will carry on through Seattle University's College of Nursing where Dr. Steve Palazzo serves as an Associate Professor and director of the Teen Take Heart program. In addition to having developed and implemented the Teen Take Heart curriculum Dr. Palazzo, with Seattle University's support, will champion further research, results dissemination, student learning opportunities and subsequent enhancements and improvements for the program with TTH partners at the Renton School District and interested teachers across Washington.

Thank you for your support of the College's activities related to research and education for those impacted or at risk of heart disease and stroke...we are honored to continue the Hope Heart Institute's legacy of serving the health and well-being of those who are often most marginalized. (Dr. Kristin Swanson, Dean and Professor, SU College of Nursing)

- Given our partnership with the University of Washington we chose to further our investments in the school of Nursing as well as transfer the materials related to Women Take Heart and Renton Take Heart multilevel intervention.

UW is proud to be a part of the multi-faceted work...[and] will strive to ensure the learnings from the collective work get carried forward to support a deeper understanding of the complex, bi-directional links between nutrition and chronic disease, especially in underserved communities. (Gerald Baldasty, Provost and Executive Vice President and Connie Kravas, Vice President for Advancement)

In addition, following Attorney General review and approval, we transferred remaining endowments to UW to ensure they would achieve the goals of the original donors through UW's careful stewardship.

- The Hope invested in South Park Information and Resource Center (SPIARC) to ensure furtherance of the De Corazon Heart Restart Program, where leaders within the Latinx community become certified CPR instructors and can, in turn, provide certifications to their community members, saving lives and expanding employment opportunities. Barriers were encountered in accessing the required training in Spanish and work will continue on this program through collaborations with Medic One Foundation and the Northwest Medical Training Group.

I want to thank Hope Heart and your kindness for thinking of our organization and Promotoras/ De Corazon Program.... We all are very glad to know that we can...continue...training local women and supporting [the] family's access to CPR in Spanish. (Analia Bertoni, SPIARC - Executive Director)

Starting a New Chapter:

The Board was approached by Dr. Mark Dedomenico (who was a Fellow under Dr. Sauvage and who has been connected with The Hope Heart Institute since 1964) with a request to allow new leadership to assume control of the organization. Dr. Dedomenico and his colleagues recognize that synergies exist between The Hope Heart Institute's original purpose and their current research. Following thoughtful review of this request, the Board decided to turn over governance to a new Board of Directors.

Dr. Dedomenico has served on and off the Hope Heart Institute Board for many years. He was very close to Dr. Sauvage, and helped him publish Dr. Sauvage's last two books. Dr. Dedomenico has been researching the obesity epidemic, represents the greatest cause of cardiovascular disease. His present research is in:

1. Stem cell usage
2. Personalizing nutrition through the study of a person's genetics
3. How to slow the aging process to maintain the highest level of quality of life



Through this letter, the former Board members are pleased to introduce The Hope Heart Institute's new Board of Directors:

Gordon Cohen, M.D., Chair
Kathy Hollingsworth, Chair-Elect
Jen Masterson, Secretary
Mark Dedomenico, M.D., Treasurer
Judy Crane, Board Member

We are so very excited that The Hope's new Board will carry our history of research and education forward to the next generation. Thank you again for playing a key role in improving the cardiovascular health of our neighbors and friends.

Sincerely,

A handwritten signature in blue ink, appearing to read "Sara Osborne". The signature is fluid and cursive, with a long horizontal stroke extending to the right.

Sara Osborne
Former Board of Director Chair

Sincerely,

A handwritten signature in blue ink, appearing to read "Gordon Cohen". The signature is more circular and complex than the one on the left, with multiple loops and a long horizontal stroke extending to the right.

Gordon Cohen, M.D.
Current Board of Director Chair